









Lent and Easter Schedule 2018

February

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
				1	2	3
4	5	6	7	8	9	10
11	12	13	14 	15	16 	17
18	19	20	21	22	23 	24
25	26	27	28			

March

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
				1	2 	3
4	5	6	7	8	9 	10
11	12	13	14	15	16 	17
18	19	20	21	22	23 	24
25	26	27	28	29	30 	31



= Day of Fast and Abstinence



= Day of Abstinence

Lenten Regulations for 2018

Ash Wednesday, February 14, and **Good Friday**, March 30, are days of *fast and abstinence*.

Fridays of Lent are days of *abstinence*.

Fasting is to be observed by all eighteen years of age and older who have not yet celebrated their fifty-ninth birthday.

On a fast day one full meal is allowed. Two other meals, sufficient to maintain strength, may be taken according to each one's needs, but together they should not equal another full meal. Eating between meals is not permitted, but liquids, including milk and juices, are allowed.

Prayer, fasting, and charity are the three traditional disciplines of Lent. The faithful and catechumens should undertake these practices seriously in a spirit of penance and of preparation for Baptism or of renewal of Baptism at Easter.— Office of Liturgy, Diocese of Raleigh

Abstinence is observed by all fourteen years of age and older.

On days of abstinence no meat is allowed. Note: When health or ability to work would be seriously affected, the law does not oblige. When in doubt concerning fast and abstinence, the parish priest should be consulted.

Lenten Schedules

Ash Wednesday

Liturgy of the Word (Prayer Service) with distribution of ashes at: 7:00 am and 12 noon.

Mass with distribution of ashes at 9:00 am and 6:00 pm (English), 7:15 pm (Spanish)

Sacrament of Penance

Saturdays— 4:00 pm to 4:40 pm or by appointment

Communal Penance Services

You are encouraged to make a private confession during our Parish communal penance services.

Saint Mary, Goldsboro..... Thursday, March 15 at 6:30pm

Masses at Saint Mary, Goldsboro

Please, always check the Bulletin for changes in Mass Schedules.

Monday, Tuesday, Wednesday and Friday— 9:00 am
Thursday, (Spanish) - 7:00 pm

Friday Simple Meal and Stations of the Cross

A simple communal meal of meatless soup and bread will be served in the school cafeteria at 6:00pm.

(Participation in the Lenten Meal is a way of showing our solidarity with the poor and hungry).

Stations of the Cross at 7:00 pm (English) in the Church and 7:30pm (Spanish).

Holy Week and Easter

Palm Sunday Liturgies:

Saturday, March 24, 5:00 pm
(Palm Sunday Vigil with solemn entrance)

Sunday, March 25:
10:00 am in English
1:00 pm in Spanish

Palm Sunday procession (on Sunday only) begins promptly—please arrive at least 15 minutes early!

Celebration of the Triduum:

Holy Thursday, March 29

Mass of the Lord's Supper 7:00 pm (bi-lingual)
Adoration of the Blessed Sacrament after the liturgy until 10:00 pm

Good Friday, March 30

Solemn Celebration, 3:00 pm
Live Stations of the Cross, 5:00 pm (Spanish)
Stations of the Cross, 7:00 pm (English)

Holy Saturday, March 31

Morning Prayer & Blessing of Food Baskets 11:00 am
8:15 pm Easter Vigil Service and Liturgy

Liturgies of Easter Sunday, April 1

9:00 am and 11:00 am in English
1:00 pm in Spanish